

The Crichton | A place to breathe

The Crichton offers 85 acres of landscaped grounds, playing fields and gardens and a network of well-maintained footpaths and roads. It is well-suited for walking, cycling and jogging and this map highlights some of the key things you need to know to explore the grounds and to stay active including a 9-hole Golf Course adjacent to the site.

Making active travel choices is not only good for our physical and mental health, but also for our environment and so, The Crichton Trust is keen to encourage and facilitate active travel whenever possible.

There are plenty of places to stop for a rest or a picnic and a choice of cafes, bars, restaurants, offices, meeting rooms and co-working spaces too. Visitors can also choose to stay over at the onsite Hotel and explore the surrounding countryside of Dumfries and Galloway.



It is possible to travel to and around the site on foot, on a bicycle, by car or on a bus and the site is well-equipped with free parking places, bicycle racks, showers and electric charging points for both bicycles and cars.

Walk: The main Heritage Walk can take up to an hour depending on pace and ability, but shorter walks can also be enjoyed. As well as exploring the heritage of the estate, visitors can choose to enjoy a stroll through the gardens, follow The Crichton Tree Trail and/or The Crichton Mindfulness Trail.

Jog: The Crichton is suitable for jogging and is also home to Crichton parkrun, which is a free weekly, timed 5k event every Saturday morning and is suitable for walking, jogging, running and for mobility scooters, pushchairs and dog walkers.

Cycle: It is possible to cycle around and through The Crichton to/from Dumfries Town Centre and to/from Caerlaverock or Glencaple on the National Cycle Route 7. Bikes can be charged at Crichton Central bike rack.